



1. Participant starts at a halt facing left wall of arena where "Start Here" is indicated. Participant begins pattern 3-5 seconds after video begins.
 2. From the starting point begin pattern at a walk to left side of arena.
 3. Walk over logs.
 4. Walk toward center of long side, then turn right toward center of arena.
 5. Halt in center of arena. Perform one pivot either to the right or to the left.
 6. Walk 6-8 steps then extend the walk. Turn left and continue extended walk. Return to working walk before far corner of arena.
 7. Begin jog after the corner.
 8. Continue jog around corner.
 9. Continue jog and turn toward center of arena.
 10. Extended trot across center of arena. Return to jog and turn right.
 11. Walk as shown and continue around corner of arena.
 12. After corner, halt and back 4 steps. Walk forward to center of short side of arena and halt. (Video ends 8-10 seconds after halt.)
- *Use approximately 2/3 arena space for pattern. Logs are set approximately 3 feet apart.

Start here

End here

x x x x